



Des Iles
CENTRO BENESSERE STRESA

BODY TREATMENTS

A wide range of body treatments, specifically designed to meet the most demanding requirements. Each protocol uses exclusive techniques, focusing on natural products and combining them with latest massage techniques. Many of our 60 minutes body treatments can be made more complete, up to 90 minutes, thanks to a long final massage.

The duration of the indicated activities includes an initial welcome procedure, assistance getting started and the treatment.

SCRUB WITH HYDRATION

Aroma – Dead Sea salt (60 minutes) € 100,00
(90 minutes) € 180,00

A unique blend of mineral and plants extracts. The scrub gently removes impurities and improves circulation. A final hydration will complete the treatment.

Mineralizing and draining citrus blends (90 minutes) € 180,00

The highly antioxidant effect is provided by the active ingredients of citrus fruit. A pleasant massage with argan oil will complete the treatment, making the skin supple, nourished and regenerated.

Polynesian coconut and Monoi Tiarè oil (90 minutes) € 180,00

Coconut powder and mineral salts renew and regenerate the skin, giving it an immediate radiance. Tiarè's oil will leave a nice and long lasting perfume on the skin.



CLEANSING AND DETOXIFYING (60 minutes) € 100,00
(90 minutes) € 180,00

Dead Sea mud

The purifying and mineralizing treatment for the skin, also suitable for any muscular or skeletal aches. It can be applied either locally or all over the body, according to the individual needs.

Localized cleansing

Deep cleansing treatment for the back and localised area, leaves the skin smooth and fresh. Application of cleansing products regenerate and rebalance the skin.

Sudax

Slimming treatment to purify the body from toxins and reduce localised fat deposits. A warm oil with ivy, birch and cinnamon is used with a slimming effect while the metabolism is stimulated.

Hydrodetox (75 minutes) € 100,00

Purifying and relaxing treatment with hydro massage, application of mud from the Dead Sea in the "Nuvola No Gravity" and final massage to moisturize the body.

SLIMMING AND DRAINING (60 minutes) € 100,00
(90 minutes) € 180,00

Drenax

Reducing and draining treatment. The application of a salted wraps will help to reduce water retention.

Ginger mix

Localised application of a special blend including ginger, clay and thermal salts. Ideal treatment for the abdominal area.

Osmocell

The use of draining extracts makes this treatment useful for water retention. A wrapping will give a final feeling of lightness and freshness on the lower limbs.

Thermoidosal

Effective treatment against fibrous cellulite with Laminaria and Fucus. It involves the application of a gel containing freeze-dried seaweeds and iodine and a final massage with ginger and cinnamon oil.





TONING AND FIRMING (60 minutes) € 100,00
(90 minutes) € 180,00

Breast firming treatment (60 minutes)

Treatment to firm and tone the breast and décolleté with specific products containing rosemary and savory extracts for a toning and revitalizing effect.

Revital body

Modeling treatment suggested to prevent and treat relaxed tissues. Wraps containing ivy, birch and algae will be applied on the areas to be treated. It is indicated in case of heaviness in the legs.

Spirulina

Special treatment to re-mineralise the skin and to obtain a shaping effect. The hot and cold effect, due to capsicum combined with Spirulina algae, promote an immediate feeling of firmness and leave a soft and regenerated skin.

CHOSEN FOR YOU

“Des Iles” face and body treatment (90 minutes) € 180,00

This wonderful relaxing ritual will delight you from the soles of your feet to the top of your scalp. After a first check-up, the beauty therapist will suggest a customized treatment, that will be completed with a relaxing massage.

Nuvola No Gravity (60 minutes) € 140,00
(90 minutes) € 200,00

Ultimate treatment that associates the sensation of weightlessness and floating with a total immersion with no water contact, with chromo therapy, allowing a deep psychophysical massage, attenuating muscle tension and improving the quality of sleep. The tub has water jets for a lumbar, foot, buttocks and thighs massage with a draining effect that combines the use of products with active ingredients, such as mud and algae, which action is enhanced through the heat enfolding the body. It is also possible a “dry hydro massage”, lasting 30 minutes.



BIOLOGIQUE RECHERCHE Oxygénant Fortifiant Scalp Treatment (45 minutes) € 90,00

Intensive and restorative treatment for the scalp. The microcirculation is reactivated thanks to the action of the exfoliating Lotion P50 Capillaire while the application of a specific mask, combined with a detoxifying and revitalizing serum, customize the treatment according to individual need. The result will be a stimulated and regenerated scalp, thicker and softer hair.

BIOLOGIQUE RECHERCHE Special Hands (45 minutes) € 80,00

This professional treatment dedicated to the beauty of hands combines the exfoliating action of Lotion P50 Corps to the silk and amino acids extracts for an instant result. Hands become firmer, brighter and softer.

BIOLOGIQUE RECHERCHE Special Hands MPL (45 minutes) € 100,00

Intensive hand treatment that combines the action of a surface micro puncture to a serum rich in active ingredients that act synergistically, stimulating the production of collagen and elastin fibers.

The skin is smoother and revitalized, it increases firmness and brightness.



Information and reservations at the 1st floor

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GRAND HOTEL DES ILES
BORROMEES & SPA

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